

Practice Nurse Skills Checklist

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Skills list	Inhouse training received	Formal training received	Training required	Update Frequency & Source
Suture and Clip Removal				Every 3 years (refresh basic wound technique)
Travel health				Every 2 years ([NaTHNaC] (https://nathnac.net/))
Urinalysis				Every 3 years (revisit technique and interpretation)
Wound Care				Every 2–3 years (based on formulary and evidence updates)

Skills list	Inhouse training received	Formal Training Received	Training required	Update Frequency & Source
BP monitoring				Every 3 years
Cervical cytology				Every 3 years
Contraception				Every 2–3 years
Ear Care				Every 3 years
Electrocardiogram Recording				Every 3 years
Immunisations: Adult and child				Annually
Injection administration- IM/SC+GRH				Every 3 years
Learning disabilities health check				Every 3 years (align with DES changes)
Long term conditions management: asthma/COPD				Annually ([NICE Guidelines] (https://www.nice.org.uk/guidance/ng80))

Skills list	Inhouse training received	Formal training received	Training required	Update Frequency & Source
Long term conditions management: Coronary heart disease				Every 2–3 years (QOF/NICE-aligned)
Long term conditions management: Diabetes				Annually ([NICE Diabetes] (https://www.nice.org.uk/guidance/ng28))
Long term conditions management: hypertension				Every 2–3 years ([NICE Hypertension] (https://www.nice.org.uk/guidance/ng136))
Long term conditions management: other				Every 2–3 years (based on condition and guidance)
NHS health check				Every 3 years ([PHE NHS Check] (https://www.healthcheck.nhs.uk/))
Phlebotomy				Every 3 years (ensure technique is observed)
Sexual health screening				Every 3 years (update on referral routes and testing)